



The Bush Telegraph

www.thepukekohetrampingclub.org

Next meeting: Monday 2th Aug 2021 @7:30pm

Venue: Anglican church hall, Wesley street – Pukekohe

Supper Duty:

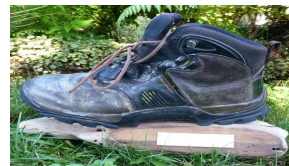
Anna, David L and Marie

Guest Speakers:

AUG 2nd – John K about his trip to Sub-Antarctic Islands in Feb.

Muddy Boot Award:

A Cell phone Alarm went off in the hut on a trip. The occupants had not planned to wake up at 5:15 am. To compound it the phones owner was on the top bunk and her phone was in her pack on the floor.



New Members:

Warm welcome to Allan and Creina Bolland

“Where am I competition”



The last where am I – Eric Muir identified “Te Rareatakahia Hut”.

To go in the draw for the prize at our next club night, email the correct identification of this photo to deekeys22@gmail.com or put your entry in the boot before the meeting on club night.

Presidents Notes

The weather has not been very conducive to tramping activities over the last month. I am not aware of mass trip cancellations but I understand that track conditions are now starting to get decidedly muddy and slippery.

John Kelsey reported to me of last weekend's trip where the track was muddy and caused a few issues but much fun was had by everyone. Last meeting Bruce Shanks showed us photos from his days as an active bird photographer and competitive photographer and one of New Zealand's most experienced judges. Many of his photos were of historical significance and he advised that his collection have now been donated to the museum for future reference.

My training schedule has been disrupted lately because my walking companion does not like the cold and the wet. However, we will need to pick up the pace shortly as time is ticking by.

I understand that Barry and Peter have completed their walk on the trail in Australia and subject to Covid tests they should be back in New Zealand in time for the next meeting. We look forward to hearing of their adventures.

I hope to see a good crowd at the next meeting but whatever you are doing, make sure you get out and about and enjoy the open air.

David Lawrie

TRIP REPORTS

Trip Report for Mangemangeroa Valley Walk 7th July.

Leader Annette Teague

Eighteen walkers met at the main entrance to the Mangemangeroa Walkway, meeting up with a fellow trumper along the track as planned.

There was a change to the original route due to heavy rain earlier in the morning.

We made our way along the Walkway through regenerating and mature native bush and along a boardwalk over mangroves and mudflats. Lunch was at Shelly Park Beach.

Returning to the cars along the streets a stray dog joined our group. One of our members gave an interesting account of the dog being reunited with its grateful owners thanks to two of the group.

We stopped for a pleasant coffee break at the Brickworks on our trip home.

Sunday 11 July 2021 – Four Short Walks in the Waikato

Leader: Linda

Trampers: Annie, David, Steve, Tony, Anne, Dee, Hamish, Wilma, Mark, Creina, Allan and Charlie

15 of us met for an 8.30am departure Pukekohe on a cold wintery morning. was the Whangamarino Historic Walk Road. This was a short loop track, and climbing several steps you come to ditches that were part of Te Teoteo's at the end of the ridge, with great overlooking the Waikato River. Following the marker posts we walked on to the Whangamarino Redoubt which was occupied by British forces during the Waikato War of 1863-1864. There were several information boards providing details about the history of the area. We then walked down a driveway exiting back on to Oram Road.



Dennis,
Kathy,

from
First stop
off Oram
after
fortification
Pa situated
views

Edition 563 – July 2021



Next stop was the Scientific Reserve bordering Te Iringa Lagoon on the recently opened expressway between Huntly and Taupiri on SH1. Sadly one of our first observations was the amount of rubbish that has been left along the fenceline and at the entrance to this area. A very large amount of planting has gone into this reserve. A short walk takes you to an information board which explains the meaning of the pou which stand above the motorway north of this reserve, and there is also the impressive sight of four canoe cenotaphs (standing on their ends). The path meanders around the reserve and there were a large amount of

Canadian geese on the Lagoon which is muddy bottomed. It was bitterly cold at this spot so we decided to leave morning tea until we reached Lake Kainui at Horsham Downs.

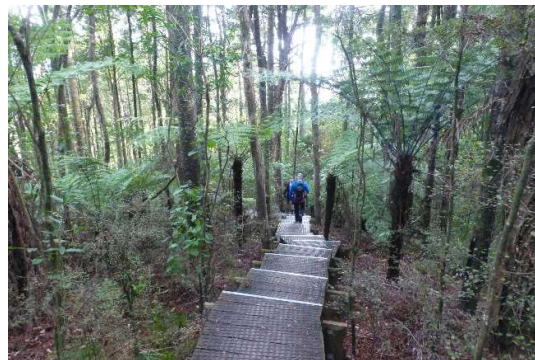
There were a large amount of cars in the carpark Kainui on our arrival. We had morning tea before packs in the cars to walk around the perimeter of The walkway is mostly a gravel surface and is approximately 3 km long. The water was at a quite About 250 metres along the path we came across Bernese Mountain Dog Club out for a walk with beautiful animals, and we were also able to watch Hamilton Model Aero Club float planes being put their paces, doing aerobatics before landing on the surface. We passed a large collection of fairy the trees, as well as some maimais and it is understood there is no walking access around the Lake during the month of May due to the reserve being closed for duck shooting. With various stops, the walk around the lake took approximately an hour, before we headed off to Pukemokemoke Bush Reserve, all very happy that the weather had warmed up.



at Lake leaving our the Lake.

high level. the Waikato these the through Lake's homes in

Pukemokemoke Bush Reserve, situated next to Tauhei Quarry, is made up of 40 hectares containing over 250 native plant species, with a network of tracks for exploring the area. From the carpark we donned our packs and headed right to the Log Hauler Site where we had lunch. We continued along the bottom track before heading up to the lookout at the summit. In places it was a steep climb and you had to watch your feet where the tree roots crisscrossed the track. The view was worth the climb, with spectacular 360 degree region and we were able to see Hakarimata Te Aroha, Kakepuku Mountain and more. We down the loop track noting that there is a lot of currently taking place with new boardwalks being side path off the main track led to a Kauri Grove. back on the main track we arrived back at the approximately 2.15pm.



from the top views of the Ranges, Mt descended work erected. A Continuing carpark at

We headed off to Woodlands Estate Café for welcome refreshments before making our way back to Pukekohe – arriving back not long after 4.00pm.



Queen's Birthday Weekend- June 5-7 Bayleys Beach

Party: Glenn, Maree, Charlie, Joy, Anna, Annie, Linda, Emma, Grant, Becky and John
Travel details – 240 km and approx. 4 hrs travel time one way.

Saturday- Most of the party gathered at the Browne's residence and loaded into the van for the drive north, with an 8.00 am departure. Grant and Emma were picked up along the way. We stopped for a toilet break at the Hoteo River Boat Club, before heading on to Te Hana for a coffee break. We then headed north via Dargaville and on up to the Waipoua Forest for a late lunch. Walked the 30 minutes in to view Te Matua Ngahere (2nd Largest Kauri) before a brief stop to allow a visit to Tane Mahuta (largest Kauri). The back south and a detour to walk through the Trounson Kauri Park. Wonderful protected boardwalk, but sad to see the large kauris dying with dieback. On to our accommodation for the weekend at Bayleys Beach Holiday Park. A nice dinner was had in the largest cabin.

Sunday- It rained during the night was and not looking promising. We decided to head out anyway and headed up to Kai Iwi Lakes. There most walked around the lake track circuit which took a couple of hours. After lunch we drove on up to the Maunganui Bluffs at Aranga Beach but decided the planned walk would take too long. So after exploring of the beach we headed back to camp. A nice dinner just down the road at Sharkeys Restaurant.

Monday- We woke to rain and wind so we cleaned up and headed for home. A very windy trip back with a lunch stop in Helensville. Back at the Browne's by 3.00,

Midwinter Xmas at Te Whare Okioki Hut- 3-4 July

Members- Glenn, Maree, Dee, John , Steve and Tessa

Distance- approx.. 140 km one way (2 hours)

Saturday- A beautiful fine cool morning and we left from the Clark residence at 8.00 am. A stop at the Pink Pig for toilets and refreshments before driving on directly to the car park at the end of the Te Tuhi



Road. A quick change and the party headed off for the 3.5- 4 hour tramp to Te



Whare Okioki hut on top of the Kaimai Ranges. The weather was fine and there were good views south to the mountain as we walked up through the farm to the bush edge (45 minutes). It was then up on a good track to the

ridge line. We stopped at the junction to the Mangamuka Hut for lunch. It was then on to the North/ South Track junction and an hour south to the hut. It was the first time for us all to this new hut solidly built of concrete with a great covered deck. There were four tents scattered around the hut clearing. A volunteer group from the Kaimai Ridge Trust was there doing track maintenance.

Plenty of firewood and John soon had the fire going to warm up the hut. Just before dark a group of 13 turned up (Duke of Edinburgh Bronze) and set up their tents. An enjoyable night with wine and dinner followed.

Sunday- Away by 9.00 for the walk out the cars. It was then on to Te Aroha for a late lunch. We were home by 4.30 pm.



Above is some unusual features spotted on this trip.

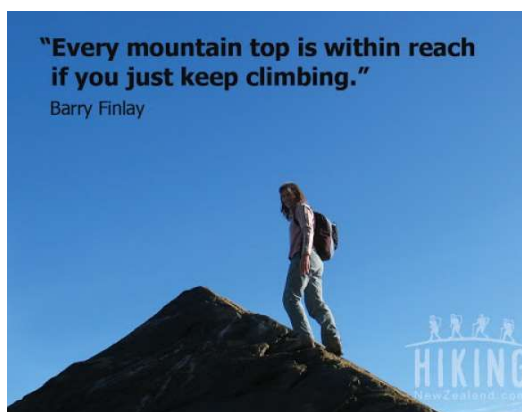
Future Trips

Winter programme 2021				
Date	Destination	Leader	Grade	Cost (\$)
Thur 6	Port Waikato	Raewyn Lane		
9				
Wed 12	Te Waihou/Blue Springs walkway, Putaruru	Joan Leitch (09)2363288		
16				
Thur 20	North Head, Devonport	Betty MacDonald 027 224 1470		
23	Waitakeres Huia to Whatipu	John Kelsey (021 711853)	M	B
Wed 26	New Lynn/Mt Albert	Shaaron McKee 027 257 0789		
30	Hunuas Suspension bridge loop and Wairoa loop track	Linda Gillard (2351441)	M	A
Thur 3 June	Hunuas (Massey/Cossey Track)	Delwyn Connolly 021 1254261		
5th- 7th	Queens Birthday (limit 10) Bayleys Beach Basecamp	Glenn & Maree Clark (2386569)	E/M	120
Wed 9	TBA	Diana Murray 027658791		
13	Waikato Karamu walkway	John Kelsey (021 711853)	M	B
Thur 17	Britomart to Cornwall Park (Coast to Coast trail)	Erna Walles (2352299)		
20				
Wed 23	Eric Armishaw Reserve, Point Chevalier.	Shahar 021 259 0299		
27	Kaimais Lindeman loop or Sentinal rock	Becky Banks (02102382178)	M	B
Thur 1 July	Maraetai/Beachlands	Wendy Quinn (2360704)		
4	Mid Winter Xmas (Limit 12) Te Whare Okioki Hut	Glenn & Maree Clark (2386569)	M	50
Wed 7	Mangemangeroa Reserve, Howick	Annette Teague (238 9815)		
11	Waikato walks Pukemokemoke Bush and other walks	Linda Gillard (2351441)	M	B
Thur 15	Te Awa walk/cycleway – Horotiu section	Mark and Anne Leys (09 2948927)		

Edition 563 – July 2021

18				
Wed 21	Pt Chev beach and Western Springs	Carole Chambers (027 310 4317)		
25	Mt Karioi	John Kelsey (021 711853)	M	B
Thur 29	Northcote to Birkenhead	Shaaron McKee (027 257 0789)		
1st Aug	Kaimais Wairere falls and hotpools	Becky Banks (02102382178)	M	B
Wed 4	TBA	Ray Handcock (09 278 5879)		
7 & 8	Waitawheta Hut Weekend	John Kelsey (021 711853)	M	
Thur 12	Lake Pupuke	Gail Moy (09 576 9177) and Jenny Hari		
15				
Wed 18	TBA	Wendy Quinn (2360704)		
22				
Thur 26	Waiuku Trails	Frances Gibbon (021 2557436)		
29	Hakarimata Ranges	Becky Banks (02102382178)	M	B
As a guide: Easy=up to 4 hours tramping, Medium=4-6 hours, Hard=>6 hours				
Costs- the leader will confirm final costs (A= up to \$10, B= \$10-20, C= \$20-30, D=\$30-45, E=\$45-60)				
Weekend trip costs are estimates only				

“Quote for the Month”



PTC Committee 2021/2022



David Lawrie – President, Emergency Contact & PLB/ First Aid Book/Walkie Talkie Holder

lawrie@ps.gen.nz

Ph. 238 8407 or 021 656 369

Glenn Clark - Vice President, Weekend Trip Coordinator, Emergency Contact & PLB/First Aid Book

glennmaree.clark@gmail.com

Ph. 2386569 or 0212457 468

Mark Leys - Secretary, New Member Contact, Aged Expo Organiser, "Safety in Mountain" Book Holder

mleys@orcon.net.nz

Ph. 09 2948927

Raewyn Lane - Treasurer

raewynlane7@gmail.com

Ph. 232 8005

Raewyn Lane - Mid Week Coordinator (assisted by Betty MacDonald)

raewynlane7@gmail.com

Ph. 232 8005

Dee Keys - Past President, Speaker coordinator & Photo Comp organiser

deekeys22@gmail.com

Ph. 235 9921

Barry Gibbon - New member Greeter at Club night

bandfgibbon@gmail.com

Ph. 235 9077

Charlie and Joy Browne - Gear Custodian

brownex3@xtra.co.nz

Ph. 2387298

Becky Banks - Publicity Officer & Facebook Administrator

rbanks2016@gmail.com

Ph. 0210 238 2178

Judy Donovan - Committee

judy.countryknits@gmail.com

Ph. 027 477 4004

Other Positions but not on Committee

Shelena Wiggill - Bush Telegraph Editor

shelenanwiggill@gmail.com

Ph. 027 4033 446

Anna Low - Supper box for Club nights

annalow836@gmail.com

Ph. 232 1835

Eric and Lind Muir - Archives and 50th Anniversary booklets

Trip Leaders

Please inform David Lawrie (2388407 or 021656369) or Glenn Clark (2386568 or 0212457468) about your trip intentions as they are the PTC Emergency Contacts. If they have no knowledge of when/where/who is on your trip, then they can't be of any assistance if help is required. They also each hold a Personal Locator Beacon (PLB) and First Aid Manual for trip leaders use. Please return these promptly so they are available for the next week's trip.

ODDS AND SODS



- For members who are interested in purchasing a club shirt pop in to Custom Threadz, 16 Queen St. Pukekohe, choose shirt of choice, and have it embroidered with our Club logo.
- Date & Nut Bliss ball recipe – ideal for a snack on the trail:

Ingredients

Natural almonds - 1 cup
Natural walnuts - 1/2 cup
Dates, pitted and chopped - 200 g
Dried apricots or raisins, chopped - 1/2 cup
Ground flax seed - 2 Tbsp
Ground cinnamon - 1 tsp
Cocoa powder - 2 Tbsp
Desiccated coconut, to coat - 1/2 cup

Method

Step 1

Place nuts in the bowl of a food processor. Pulse to grind, then add the dates, apricots or raisins, flax seed, cinnamon and cocoa. Process until the mixture sticks together and forms a thick, textured paste.

Step 2

Scrape mixture from the processor, and add into a medium sized bowl. Shape into 20 even sized balls and place on a tray lined with baking paper. Chill in the refrigerator for 1 hour, or until firm.

Step 3

Roll the bliss balls in coconut, to coat.

- **WOOD STOVE FIRES - GUIDED BELOW THAT I TOOK OUT OF THE WILDERNESS MAGAZINE AUG EDITION**



Gear Requirement

DAY TRIPS:

Small pack	Suitable footwear
Lunch and snacks	Full drink bottle
Rainwear	Hat (woollen or sun)
Gloves	
Small first aid kit / whistle	Thermal blanket
Change of clothes	

WEEKEND TRIPS:

Sleeping bag	Boots
Rainwear	Warm clothing e.g. fleece garments, polypropylene, etc.
Woolly hat	Gloves/mittens
Torch or headlight	Thermal longs for winter trips or if above the bush line
Toilet gear	Plate and mug and cutlery

Small first aid pack / whistle

Waterproof pack large enough to hold all your equipment and food

If in doubt, ask the Trip Leader for advice for day, weekend or longer trips. It is recommended for all trips that the NZ Mountain Safety Council's pack liners be used. These are available from Charlie & Joy Browne (Phone 238 7298) at a cost of \$4.50 each.

Use of Whistle:

Please remember the whistle should be your equipment of choice to attract attention if needed. If anybody falls behind and loses sight of others, feels unwell and must stop for a rest, becomes injured, etc., then the agreed call to alert the Trip Leader and others in the party is **THREE (3) LONG whistle blasts, REPEATED as necessary**. The Trip Leader and/or others in the party will respond with **TWO (2) LONG blasts** indicating they have heard and are coming to your aid. It may be helpful in some circumstances that a repeat whistle blast will allow accurate location.

Club Gear:

All Club gear is stored at Charlie & Joy Browne's residence, Jenkin Road, Pukekohe West. All Club members are welcome to use the gear for Club and private trips (however Club trips have booking priority) – hireage to non-members is not encouraged. Club gear is, at all times, to be returned in good, clean condition. All losses/ damages must be reported to the Club's Gear Custodians.

HANDY INFORMATION

Monthly Club Meeting:

The Club meets at the Anglican Church Hall, Wesley Street, Pukekohe on the **first Monday of each month at 7.30pm** unless otherwise advised.

Annual Subscriptions:

\$25.00 single \$40.00 family (two or more) **Saturday/Sunday Trips:**

Unless otherwise stated **SATURDAY/SUNDAY** Club trips leave from the carpark opposite McDonalds in Hall Street, Pukekohe. Members who wish to be picked up elsewhere must make arrangements with the Trip Leader. Leaders must be contacted by **Thursday** night if you are going on a **Sunday** trip or **Wednesday** night for a **Saturday** trip. Leaders reserve the right to refuse any member participation in any tramp not considered suitable.

Weekend and Longer Trips:

Monday night is cut-off point. Any member who does not adhere to this will miss out. The reason for the cutoff point is to allow time for the Trip Leader to arrange, transport, food, bookings, etc.

Midweek Trips:

Contact Trip Leader for start place and time for trip.

Clarification of Trip Leader's Responsibilities under OSH Regulations:

Only **PAID** (ie Commercial) group leaders are under legal Health and Safety obligation to members of that group. As all Pukekohe Tramping Club leaders are **UNPAID VOLUNTEERS**, the responsibility is on **ALL** members of the group to observe and take responsibility for their own actions.