



The Bush Telegraph

www.thepukekohetrampingclub.org

Next meeting: until further notice once lockdowns are lifted

Venue: Anglican Church Hall, Wesley Street – Pukekohe

Supper Duty:

Guest Speakers:

Nil for this month

Muddy Boot Award:

Nil for this month

New Members:



“Where am I competition”



The last where am I – Eric Muir identified “Te Rareatakahia Hut”. Was identified by Dee Keys.

To go in the draw for the prize at our next club night, email the correct identification of this photo to deekeys22@gmail.com

Or put your entry in the boot before the meeting on club night.

President Notes

Well, here we are still in lockdown and I must say that it is getting a bit tedious now. Clearly the November meeting was not able to be held which makes it the third meeting in a row that has been cancelled.

From my observations it is also highly likely that the December meeting will not be able to proceed. However on the optimistic side we hope that it can continue but watch for advice closer to the time.

Under the current regulations it is not possible to have weekend trips or even long day trips away from reasonably public places. It is also not possible to carpool or meet in large groups.

I am aware that there are some exercise trips which can proceed under the current guidelines for up to 10 people with suitable precautions. Barry Gibbon is running small groups either into the Hunua fringes or in the Waiuku forest. Raewyn Lane is running mid week trips around the Tuakau area and Mark Leys is also running small groups around urban areas. If you are interested in joining any of those groups it is essential that you contact the leader so that they can control the numbers and meeting place and times.

On the wider front my trip down the Hollyford Valley has been cancelled with Air NZ arbitrarily cancelling my flights and then the Hollyford people also cancelling my booking. I am also aware that Barry and Anna were planning trips in the South Island that have also been cancelled.

The covid issue is something that the club is going to have to consider in the near future relating to vaccinated and unvaccinated people. Hopefully everybody getting vaccinated will solve any conundrums that the club may have.

Remember that I still have a box of FMC bulletins in my office. If you would like one contact me on 092386369 or 021656369 and we can arrange a transfer.

In these uncertain times I hope everyone is coping and most importantly staysafe so that we can enjoy your company when we are free to move again.

David

Future Trips – Spring Programme

Spring programme 2021				
Date	Destination	Leader	Grade	Cost (\$)
Wed 1st Sept	Mangere forshore	Carole Chambers		
5	Kaimais Wairongamai Valley	Glenn and Maree Clark (2388588)	M	B
Thurs 8th	Britomart-Bastion Point	Robert Dean		
12	Kaimais Karangahake to Dickeys Flat return	Linda Gillard & Steve Sherie (2351441)	M	
Wed 15 th	Drury / Auranga	Shaaron McKee		
19	Kaimais Day trip to Mangamuka Hut	Glenn and Maree Clark (2388588)	M	B/C
Thurs 23rd	Wairoa Track	Delwyn Connolly		
26	Coast to Coast Harbour to harbour (18km)	Becky Banks	E/M	
Wed 29th	Tamaki ??	Ray Handcock		
3rd Oct	Awhitu Lighthouse to Hamitons Gap	Linda Gillard & Steve Sherie (2351441)	M	
Thurs 7th	Papakura to Te Mahia	Marion & Lorraine		
10	Bike trip (Papakura) Along and over motorway	Rosemary Gatland	E	
Wed 13th	Lake Pupuki	Gail 021 317627 & Jenny		
17				

Thurs 21st				
23/24/25	Athenree Base Camp (house). Day walks and cycle trails	Judy Donovan (0274774004)	E/M	
Wed 27th	St Heliers to Britomart	Maureen & Francis		
31				
Thurs 4th Nov	NZ Sculpture on Shore- Devonport	Betty MacDonald		
7				
Wed 10th	Daleys Crossing Hut	Shahar 0212580299		
13/14	Rangitoto Station Annual Track and bait station maintenance	Glenn and Maree Clark (2388589)	M	60
Sat 13	Walking Stars	Shelena Wiggill		
Thurs 18th	Albany area	Shaaron McKee		
21	TBA	Becky Banks	M	
Wed 24th	Waiuku forest or Clevedon	Anneette Egbers		
28	Mt William Plus other local walks	Linda Gillard & Steve Sherie (2351441)	M	
Thurs 2 Dec	Harkers and a farm trip	Ruth Budden		
5				
Wed 8th	TBA	Linda Cass		
12				
Thurs 16	End of year-shared lunch- walk Pokeno	Marion Rowe		
	As a guide: Easy=up to 4 hours tramping, Medium=4-6 hours, Hard=>6 hours			
	Costs- the leader will confirm final costs (A= up to \$10, B= \$10-20, C= \$20-30, D=\$30-45, E=\$45-60)			
	Weekend trip costs are estimates only			
	For mid week costs (e.g. A/C with/without Gold card)			
	Version- 17 August			

PTC Committee 2021/2022



David Lawrie – President, Emergency Contact & PLB/ First Aid Book/Walkie Talkie Holder
lawrie@ps.gen.nz Ph. 238 8407 or 021 656 369

Glenn Clark - Vice President, Weekend Trip Coordinator, Emergency Contact & PLB/First Aid Book
glennmaree.clark@gmail.com Ph. 2386569 or 0212457 468

Mark Leys - Secretary, New Member Contact, Aged Expo Organiser, "Safety in Mountain" Book Holder
mleys@orcon.net.nz Ph. 09 2948927

Raewyn Lane - Treasurer
raewynlane7@gmail.com Ph. 232 8005

Raewyn Lane - Mid Week Coordinator (assisted by Betty MacDonald)
raewynlane7@gmail.com Ph. 232 8005

Dee Keys - Past President, Speaker coordinator & Photo Comp organiser
deekeys22@gmail.com Ph. 235 9921

Barry Gibbon - New member Greeter at Club night
bandfgibbon@gmail.com Ph. 235 9077

Charlie and Joy Browne - Gear Custodian
brownex3@xtra.co.nz Ph. 2387298

Becky Banks - Publicity Officer & Facebook Administrator
rbanks2016@gmail.com Ph. 0210 238 2178

Judy Donavan - Committee
judy.countryknits@gmail.com Ph. 027 477 4004

Other Positions but not on Committee

Shelena Wiggill - Bush Telegraph Editor
shelenanwiggill@gmail.com Ph. 027 4033 446

Anna Low - Supper box for Club nights
annalow836@gmail.com Ph. 232 1835

Eric and Lind Muir - Archives and 50th Anniversary booklets

Trip Leaders

Please inform David Lawrie (2388407 or 021656369) or Glenn Clark (2386568 or 0212457468) about your trip intentions as they are the PTC Emergency Contacts. If they have no knowledge of when/where/who is on your trip, then they can't be of any assistance if help is required. They also each hold a Personal Locator Beacon (PLB) and First Aid Manual for trip leaders use. Please return these promptly so they are available for the next week's trip.

ODDS AND SODS



1. Worthwhile a read especially during lock down

–

A Camino Addiction.

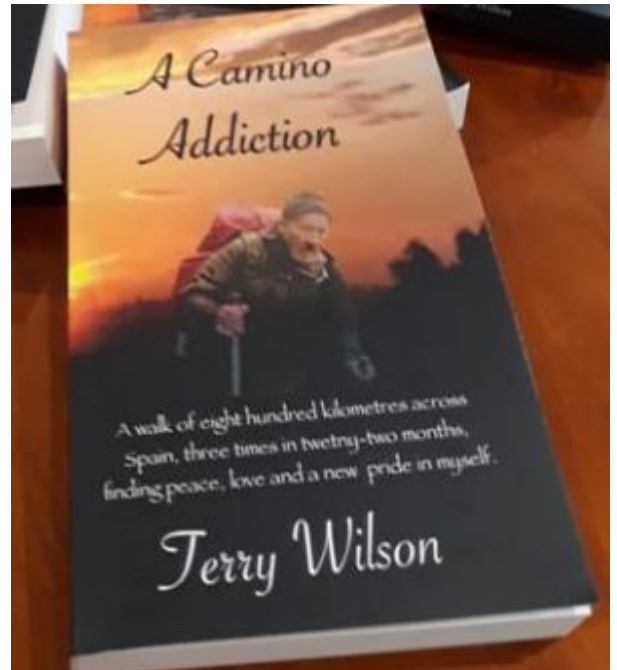
ATTENTION. This book is a republic of the book, “God’s Cocaine the addiction of the Camino”

I do not want anyone being misled. I had to republish and rename the book to solve some publishing and editing problems. I am sure that if you have not read God’s Cocaine, then you will enjoy this book, “A Camino Addiction”

The Camino is an 800-kilometer pilgrimage across the top of Spain. It is like walking more than a half marathon every day for thirty-three days. This I did three times in twenty-two months. First on my own, second asked to walk in the film Camino

Skie’s and then third with my daughter a wonderful experience. There is a bit of God in the book and a bit of bloody too. Read how this walk changed my life and could change your too.

I have printed this book in New Zealand to keep the cost down, and sell direct to you the reader. Contact on terrycathywilson@gmail.com



2. While everyone is out and about in their bubbles or solo walks , It would be great if you could share your favorite local walks, so we can share and publish in the next issue for all our members, bonus if there are photos. Email to shelenanwiggill@gmail.com

Link Below is a list of some really lovely walks to explore during lockdown published by the urban list <https://www.theurbanlist.com/nz/a-list/walks-in-auckland>

Here are the best walks in Auckland.

- Te Henga. WAITAKERE RANGES | 10.3KM | 3 HOURS 20MINS ONE WAY. ...
- Auckland's Own Ring Of Fire. Varies. ...
- Rangitoto Summit Track. Rangitoto Island | 7km | 2 hours return. ...
- Te Ara Hura. WAIHEKE | 100KM | VARIES. ...
- Karioitahi Beach. ...
- Puhoi Track. ...
- Tāwharanui Ecology Trail. ...
- Duder Regional Park.

Alpine Sports Club, Tongariro National Park

Sample Weekend Itinerary

As one of our most accessible national parks and a UNESCO World Heritage site, Tongariro offers a rich variety of outdoor opportunities in spectacular landscapes. The following is just a sample of how you could spend a weekend using one of the Alpine Sports Club's lodges as your base.

Friday arrival

The DOC Visitor Centre at Whakapapa Village is a great landmark to rendezvous with the rest of your group on arrival in the park.

<https://www.doc.govt.nz/tongarirovisitorcentre>

There are a number of day walks from this location which allows for either longer options for those who have the ability to get there earlier in the day, or shorter options for those who just want to stretch their legs after the car journey to the mountain. The Taranaki Falls walking track is a good introduction to the area, with excellent mountain views and a range of terrain.



For those who would like a more leisurely start to the weekend, the Chateau Tongariro Hotel is a great spot to go for a coffee or even the treat of an afternoon high tea.

Once you are ready to head up to the lodge, follow the road from Whakapapa Village to the top of the Bruce Rd. There is ample parking in the ski area car parks. From here, it is approximately a 10-15 minute walk up the track to the Alpine Sports Club lodge. The Lodge's superb location gives a commanding view of the surrounding

mountains including Meads Wall, a rocky outcrop that was one of the filming locations for Lord of the Rings.

Saturday

There are many short or full day activity options to choose from, with the lodge also providing a comfortable base for those who just want to stay, read, relax and enjoy the views from the floor-to-ceiling windows in the sunny lounge.

An early start will allow you to complete the Tongariro Alpine Crossing and be back in time for dinner, a key swap or shuttle arrangement would enable you to complete part of the Round the Mountain track over to Turoa (20km) or you may wish to walk up to the Crater Lake.

Information and advice on all these options together with the latest weather forecasts will be available from the helpful staff at the DOC Visitors Centre.

For the botanists and photographers, Tongariro's unique flora and fauna is a delight with great opportunities for astro photography given the lack of light pollution. The stone circle/lava ring close to the lodge is a popular spot for star gazing after dark.

There are many local biking tracks close by, again offering short and full day options. These include Fishers Track, the 42nd Traverse, The Bridge to Nowhere and the Old Coach Road. Bikes and shuttles can be booked locally if required.

After your day of adventure you can return to the comfort of the lodge to enjoy a drink and a meal with your group, make plans for tomorrow before retiring to bed in one of our cosy four-bunk rooms.



Sunday

The advantage of booking the lodge in late spring or summer is that there usually won't be a group coming in straight after you, so you can have a leisurely start to the day if you wish. There is still time to fit in some more walks and exploration, or you may wish to take the Sky Waka gondola up the mountain for brunch or lunch at the Knoll Ridge Chalet Cafe. <https://www.mtruapehu.com/sky-waka>

This is New Zealand's highest dining experience, perched 2,020m above sea level on the edge of Mt. Ruapehu. The view is nothing short of spectacular.

Should you wish to spend longer at the lodge, the following activities could be part of an action packed full-week programme:

- Indoor rock climbing at National Park Village
- Tongariro Alpine Crossing by moonlight
- Outdoor rock climbing at Meads Wall
- Overnight tramping trip to one of the eight huts in the National Park e.g. Whakapapaiti Hut
- Silica Rapids Track or one of the many other walking tracks as a day trip.
- Day Trip to Ohakune and walk to the Hapuawhenua Viaduct
- World class rafting on the Tongariro River
- Walking or biking on the Timber Trail from Ongarue
- Visit The National Army Museum, Waiouru
- Go rail cruising with Forgotten World Adventures
- Take a day or overnight canoe trip on the Rangitikei or Whanganui Rivers

The possibilities are endless; we look forward to sharing our wonderful lodge with you!



Contact: ruapehu@alpinesport.org.nz

Website: www.alpinesports.org.nz

Gear Requirement

DAY TRIPS:

Small pack	Suitable footwear
Lunch and snacks	Full drink bottle
Rainwear	Hat (woollen or sun)
Gloves	
Small first aid kit/ whistle	Thermal blanket
Change of clothes	

WEEKEND TRIPS:

Sleeping bag	Boots
Rainwear	Warm clothing e.g. fleece garments, polypropylene, etc.
Woolly hat	Gloves/mittens
Torch or headlight	Thermal longs for winter trips or if above the bush line
Toilet gear	Plate and mug and cutlery

Small first aid pack / whistle

Waterproof pack large enough to hold all your equipment and food

If in doubt, ask the Trip Leader for advice for day, weekend or longer trips. It is recommended for all trips that the NZ Mountain Safety Council's pack liners be used. These are available from Charlie & Joy Browne (Phone 238 7298) at a cost of \$4.50 each.

Use of Whistle:

Please remember the whistle should be your equipment of choice to attract attention if needed. If anybody falls behind and loses sight of others, feels unwell and must stop for a rest, becomes injured, etc., then the agreed call to alert the Trip Leader and others in the party is **THREE (3) LONG whistle blasts, REPEATED as necessary**. The Trip Leader and/or others in the party will respond with **TWO (2) LONG blasts** indicating they have heard and are coming to your aid. It may be helpful in some circumstances that a repeat whistle blast will allow accurate location.

Club Gear:

All Club gear is stored at Charlie & Joy Browne's residence, Jenkin Road, Pukekohe West. All Club members are welcome to use the gear for Club and private trips (however Club trips have booking priority) – hireage to non-members is not encouraged. Club gear is, at all times, to be returned in good, clean condition. All losses/damages must be reported to the Club's Gear Custodians.

HANDY INFORMATION

Monthly Club Meeting:

The Club meets at the Anglican Church Hall, Wesley Street, Pukekohe on the **first Monday of each month at 7.30pm** unless otherwise advised.

Annual Subscriptions:

\$25.00 single \$40.00 family (two or more) **Saturday/Sunday Trips:**

Unless otherwise stated **SATURDAY/SUNDAY** Club trips leave from the carpark opposite McDonalds in Hall Street, Pukekohe. Members who wish to be picked up elsewhere must make arrangements with the Trip Leader. Leaders must be contacted by **Thursday** night if you are going on a **Sunday** trip or **Wednesday** night for a **Saturday** trip. Leaders reserve the right to refuse any member participation in any tramp not considered suitable.

Weekend and Longer Trips:

Monday night is cut-off point. Any member who does not adhere to this will miss out. The reason for the cutoff point is to allow time for the Trip Leader to arrange, transport, food, bookings, etc.

Midweek Trips:

Contact Trip Leader for start place and time for trip.

Clarification of Trip Leader's Responsibilities under OSH Regulations:

Only **PAID** (ie Commercial) group leaders are under legal Health and Safety obligation to members of that group. As all Pukekohe Tramping Club leaders are **UNPAID VOLUNTEERS**, the responsibility is on **ALL** members of the group to observe and take responsibility for their own actions.